



Chef Chipper's Early Learners Lunch Program



Breakfast August 2022

Serving sizes as follows:

1-2 year olds - m/ma 1oz, fruit 1/4c, veg 1/4 c, grain 1/2oz, 4oz Plain Whole Milk

3-5 year olds - m/ma 1.5oz, fruit 1/4c, veg 1/4c, grain 1/2oz, 6oz Plain 1% Milk

School Age - m/ma 2oz, fruit 1/2c, veg 1/2c, grain, 1oz, 8oz Plain 1% Milk

* Please See CACFP Meal Pattern Charts




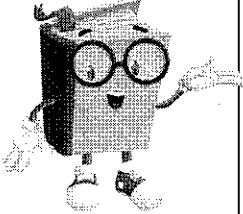






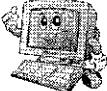

Monday

Tuesday

Wednesday

Thursday

Fun Friday

Monday	Tuesday	Wednesday	Thursday	Fun Friday
<u>WG Raisin Bread</u> <u>Diced Peaches</u> 4	<u>WG Rice Puffs</u> <u>Apple Sauce</u> 5	<u>Yogurt</u> <u>Mandarin Oranges</u> 6	<u>Bagels w/ Jelly</u> <u>Pears</u>  7	1 <u>WG Pancakes</u> <u>Mixed Fruit</u> 8
<u>WG Blueberry Muffins</u> <u>Diced Peaches</u> 11	<u>WG Cheerios</u> <u>Apple Sauce</u>  12	<u>Yogurt</u> <u>Mandarin Oranges</u> 13	<u>WG Cinnamon Bun</u> <u>Pears</u>  14	<u>WG French Toast</u> <u>Banana or</u> <u>Mixed Fruit</u> 15
<u>WG Raisin Bread</u> <u>Diced Peaches</u>  18	<u>WG Rice Puffs</u> <u>Apple Sauce</u>  19	<u>Yogurt</u> <u>Mandarin Oranges</u> 20	<u>Bagels w/ Jelly</u> <u>Pears</u> 21	<u>WG Pancakes</u> <u>Mixed Fruit</u>  22
<u>WG Blueberry Muffins</u> <u>Diced Peaches</u> 25	<u>WG Cheerios</u> <u>Apple Sauce</u> 26	<u>Yogurt</u> <u>Mandarin Oranges</u> 27	<u>WG Cinnamon Bun</u> <u>Pears</u>  28	<u>WG French Toast</u> <u>Mixed Fruit</u> 29
<u>WG Raisin Bread</u> <u>Diced Peaches</u>  	<u>WG Rice Puffs</u> <u>Apple Sauce</u> 	<u>Yogurt</u> <u>Mandarin Oranges</u>  	<u>Bagels w/ Jelly</u> <u>Pears</u> 	<u>WG Pancakes</u> <u>Mixed Fruit</u> 



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Lunch August 2022



This institution is an equal opportunity provider.
Approved by Barbara Myers, RD, LD/N



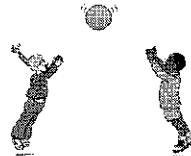









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1-2 year olds - m/ma 1oz, fruit 1/4c, veg 1/4 c, grain 1/2oz, 4oz Plain Whole Milk

3-5 year olds - m/ma 1.5oz, fruit 1/4c, veg 1/4c, grain 1/2oz, 6oz Plain 1% Milk

School Age - m/ma 2oz, fruit 1/2c, veg 1/2c, grain, 1oz, 8oz Plain 1% Milk

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Monday	Tuesday	Wednesday	Thursday	Friday
<p>1</p> <p><u>Homestyle Baked Macaroni</u> WG Pasta - Cheddar Ricotta - Mozzarella Cheese Apple Slices Green Beans</p>	<p>2</p> <p><u>Chicken Nuggets</u> WG Bread Corn Oranges</p> 	<p>3</p> <p><u>Teriyaki Chicken</u> Rice Stir Fry Veggies Mixed Fruit</p> 	<p>4</p> <p><u>Make Your Own Chicken Tacos</u> Diced Chicken Breast WG Flour Tortillas Shredded Cheese Salsa Packs - Corn</p>	<p>5</p> <p><u>Mozzarella Stuffed Breadsticks</u> WG Bun Mixed Veggies Peaches</p>
<p>8</p> <p><u>Baked Ziti</u> WG Pasta - Cheddar Ricotta - Mozzarella Cheese Green Beans Apple Slices</p>	<p>9</p> <p><u>Meatball Sandwiches</u> (.5oz Beef Meatballs) WG Roll Mixed Vegetables Oranges</p>	<p>10</p> <p><u>BBQ Chicken Breast</u> WG Bun Corn Mixed Fruit</p>	<p>11</p> <p><u>Popcorn Chicken</u> WG Bun Mixed Vegetables Bananas</p> 	<p>12</p> <p><u>WG Personal Pizza</u> Tossed Salad Peaches</p> 
<p>15</p> <p><u>WG Calzones</u> Green Beans Apple Slices</p> 	<p>16</p> <p><u>Turkey Corn Dog Nuggets</u> Corn Oranges</p>	<p>17</p> <p><u>Chicken Salad Sandwiches</u> Sliced Cucumbers Baby Carrots Mixed Fruit</p> 	<p>18</p> <p><u>Roast Turkey</u> Corn WG Roll Mixed Fruit</p>	<p>19</p> <p><u>Boneless Chicken Wings</u> Mixed Veggies Peaches</p>
<p>22</p> <p><u>Bowtie Macaroni & Cheese</u> WG Bowtie Pasta - Cheddar Ricotta - Mozzarella Cheese Apple Slices Green Beans</p>	<p>23</p> <p><u>Cheeseburger Sliders</u> 2oz Beef Burger - American Cheese WG Bun Corn Oranges</p> 	<p>24</p> <p><u>Herb Baked Chicken Breast</u> Rice Mixed Vegetables Mixed Fruit</p>	<p>25</p> <p><u>Chicken Nuggets</u> WG Bread Corn Bananas</p> 	<p>26</p> <p><u>Personal Pizza</u> Tossed Salad Peaches</p> <div style="border: 1px solid black; padding: 5px; text-align: center;"> <p>1% Milk Is Served At Lunch Everyday Whole Milk Is Available For Students Age 1 & 2</p> </div>
<p>29</p> <p><u>Santa Fe Chicken Casserole</u> Rice --Tomato - Onion Peppers Chicken Breast - Shredded Cheddar Peas Mixed Fruit</p> 	<p>30</p> <p><u>Chicken Fajitas</u> (Grilled Chicken Strips Roast Peppers & Onions) Corn WG Flour Tortillas Oranges</p>	<p>31</p> <p><u>Spaghetti & Meatballs</u> (.5oz Beef Meatballs) Corn Mixed Vegetables Mixed Fruit</p> 	 	



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PM Snack August 2022

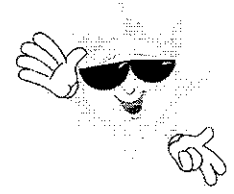
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School Age - m/ma 2oz, fruit 1/2c, veg 1/2c, grain, 1oz, 8oz Plain 1% Milk

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Tuesday		Wednesday		Thursday		Fun Friday	
1	2	3	4	5	6	7	8
<u>WG Pretzels</u> <u>100% Apple Juice</u> 	<u>Yogurt</u> <u>WG Butter Crackers</u>	WG Graham Crackers Apple Slices Or 100% Fruit Juice	Cottage Cheese WG Grain Crackers 	<u>Mozzarella Cheese Sticks</u> <u>Mixed Fruit</u>	8	9	10
<u>WG Animal Crackers</u> <u>100% Apple Juice</u>	<u>Sliced Cucumbers</u> <u>WG Fish Crackers</u> 	WG Corn Muffins Apple Slices or 100% Fruit Juice	<u>WG Cheese Itz</u> <u>Baby Carrots</u>	<u>Cheddar Cheese Sticks</u> <u>Mixed Fruit</u> 	15	16	17
<u>WG Pretzels</u> <u>100% Apple Juice</u> 	<u>Yogurt</u> <u>WG Butter Crackers</u>	WG Graham Crackers Apple Slices Or 100% Fruit Juice 	Cottage Cheese WG Grain Crackers	<u>Mozzarella Cheese Sticks</u> <u>Mixed Fruit</u>	22	23	24
<u>WG Animal Crackers</u> <u>100% Apple Juice</u>	<u>Sliced Cucumbers</u> <u>WG Fish Crackers</u>	WG Corn Muffins Apple Slices or 100% Fruit Juice	<u>WG Cheese Itz</u> <u>Baby Carrots</u>	<u>Cheddar Cheese Sticks</u> <u>Mixed Fruit</u>	29	30	31
<u>WG Pretzels</u> <u>100% Apple Juice</u> 	<u>Yogurt</u> <u>WG Butter Crackers</u>	WG Graham Crackers Apple Slices or 100% Fruit Juice	